

Private Practice: Inspired Release

32 Hartford Street ~B, Dorchester Ma 02125
www.inspiredrelease.com 617.446.3840

Specializations

Family, Youth, Adult, Women, Grief & Loss, Emotional & Psychological Trauma, Abuse, Relationship, Body Image, Addiction Recovery, Self Care, Cultural & Gender specific program development and implementation

Affiliations

Professional Women of Color Network, Association of Humanistic Psychology, Appalachian Mountain Club Youth Opportunity Program: Boston, Project Adventure, Girls LEAP, Wediko Children Services, Young Christian Men Association: Roxbury, Healthworks Community Fitness, Hike 4 Life, Therapeutic Adventure Group: Northeast

Pursuits

To provide transformative experiences in a way that lives up to our ideals of wellness. To outgrow our flagship space dedicated to healing therapies and workshops via increased demand for our services.

Documentation Assistant

"You are [well] when you are able to adapt to your environment with ease and imagination."

Maintaining integrity, honoring experience, accepting reality, choosing balance.

~ Keyona Aviles modified Tom Myers

This is an invitation to join me in fullness of being as we work together to spread full bodied, conscious living to those who come to Inspired Release, my growing private practice.

What it looks like

Long term I envision moments dedicated to

- ~ assist with intake and evaluation
- ~ file notes, reports, etc
- ~ set up appointments
- ~ assist with document via dictation

We'll also share space for balancing and evaluation twice a month; once in person and once via an e-meeting. Our 90 minute in person meeting will be shared with Inspired Release's Fundraiser and Marketing assistants (once they are on board, I am currently seeking them out.)

In the middle of the month we'll have a formal 60 minute e-meeting to check in with realtime e needs, problem solving, projections, and evaluation on the agenda.

At this beginning point, I am looking for someone to dedicate about **2.75 hours a week** to get the ball rolling. I am still working on steady funding sources for pay as well, in the meantime I can start with a modest **\$11ph** rate that will increase greatly once funds are secured. If all goes as planned this will evolve into a great part time job.

I consider it the highest honor to be invited into the vulnerable, stagnant, and sometimes dark places of people's lives. With earned permission, I spend my days touching the places where the possibility for exploration, change, and understanding have often been overlooked. I help everyday people to put in the work necessary to allow fullness of life to flow free. By committing to this position you'll be not only be doing great work by allowing Inspired Release to expand her reach, but embodying what Inspired Release stands for; shifting current paradigms throughout and around our "field" along the way.

*Keyona Aviles,
LMHC*